885 well accustomed to the routine of the occupation they will follow.
888 The young fisherman has gone to sea for his beginning lessons. The young farmer knows most of the skills of planting and cultivating. The young stone worker, requiring little training to begin, is already at work.

885 Young men maintain close relationships with their families prior
593 to marriage. In the villages studied, there is little movement to the larger towns. Since the war young men or women have found employ-
A64] ment, at various times, in government and military government offices as account clerks, maids, translators, clerks at post exchanges, officer's clubs, restaurants, bars, and the like. But there were few instances in these villages.

A young man does not leave the village ordinarily, nor does he rent separate living quarters. These continuing family ties up to marriage may account for the boyishness and lack of maturity noticeable in so many young men in the age group from 17 to 25. The young school teacher, the truck driver, fisherman, or farmer may turn over part of his earnings to the parents. In rural Okinawa, residence in the home and attachment to the family last well into the years of younger maturity. This does not mean that there are no personal dissatisfactions with their situation.

834 There are few outward signs of personal attraction among young men and women during the teens and the years before marriage. In public, boys and young men of the same age group usually are seen together. This is true of the girls. Clandestine meetings among young men and young women take place. A mutual attraction is often communicated by a young go-between trusted by both. This secrecy does not come about from a desire to conceal the attraction, but because both parties are shy (hasukashii). This public reticence, so old in
[178] Oriental cultures, is gradually breaking down. It is a convention, based on public repression of one's feelings. This does not mean that people dislike personal and physical contact and lack demonstrativeness.
[150] Okinawans are emotional and demonstrative, and do not avoid physical contact, as anyone who has seen them at their parties has discovered.16

But young men and young women may meet quite openly. A young man in his early twenties may visit a girl's house, stay all day with her and her parents, and part of the time be alone with her. The young,

16 It is too early to tell the effect of ideas of sex equality on rural Okinawan society. That the supposed high position of the American woman has made an impression on many rural Okinawan women there can be no doubt. The influence of young American soldiers and sailors, their catering and thoughtfulness toward Okinawan girls to whom they
[177] are deeply attracted has spread beyond the range of those with the immediate experience. The soldiers are responsible for the adoption of the word, "honey." Okinawan boys use it in the same sense as
[832] Americans: as any very attractive girl, or as a girl deeply loved personally.

1: Glacken E-5 (1951-1952) 1953 AC7 Okinawa AC7

Nevertheless, to superficial observation at least, villagers seem to enjoy good health. Most of them are energetic. Obesity is very unusual. The average man or woman of any age has little spare flesh. The most frequent complaints are of dysentery, constipation, colds, boils and swellings, and intestinal parasites. There are signs of malnutrition in the distended bellies of some small children, probably due to the unrelieved and starchy diet of the sweet potato,[6] with extremely few animal fats and proteins.

The sores and scabs on the heads, faces, arms, and legs of infants and young children are still the curse of childhood, conditions made worse by the flies which swarm around them. (In summer, I have seen as many as 20 flies on the face of a sleeping child without a trace of any muscular reaction). There are few Okinawans today who do not bear the scars of these sores of infancy, especially on the scalp. (Young men are sensitive about this and it is one reason also for keeping the hair long). Younger parents now are beginning to use various disinfecting powders and talcs to prevent these sores (which look like impetigo) and seem to have abandoned the attitude of a previous generation that these were childhood experiences to be endured. Much could be done to eliminate these diseases of childhood by a campaign in which local groups like the Women's Association and the public health authorities joined.

In the summer months, Jap B encephalitis (known as nUen) is very much dreaded. Some villagers had only a vague idea that it was a brain fever and a few knew that the mosquito was the vector.

According to residents of each of the villages, no cases of leprosy had been discovered in recent years. This disease is also dreaded and I doubt that an attempt would be made to conceal a case.

Young people have uncommonly beautiful, evenly spaced, white teeth. This seems to have been an Okinawan characteristic for a long time, as Basil Hall commented upon it 135 years ago. Around the late teens or early twenties, the teeth decay, and there are many extractions and replacements with gold or steel false teeth. Some extractions are intentional, especially among young girls who believe that a gold tooth sets them apart and adds to beauty. But I am convinced that this is of minor importance as an explanation. Okinawans

6 I am not acquainted with any analyses of the composition of the Okinawan sweet potato. In laboratory tests of an improved high-starch American variety, the composition when ground for starch was: moisture, 64.5%; starch, 25.5%; sugars, 2.8%; crude protein, 1.5%; pectic substances, 2.2%; crude fat, 0.6%; mineral matter, 0.9%; other, 2%. Sweet potato carotene can be readily converted to Vitamin A. See Dawson, P. R., Greathouse, L. H., and Gordon, W. O. Sweet potatoes: more than starch. In: Crops in peace and war. (U. S. Dept. of Agric., The yearbook of agriculture 1950-51) Washington, 195-203. Ref. on 195, 201.

832 Sexual Relations and Prostitution A married couple engage in sexual relations only when they are sure that they will be neither observed nor heard. If they have children they can have relations only after the children have fallen asleep and can be safely pushed to one side. The children are told nothing of the nature of sex and it is assumed that they are unaware of their [831] parents' relations. A married woman is expected to have relations with her husband only and at his pleasure. There are evidently no tabued positions or times, except for the period of menstruation. Relations may continue through [837] pregnancy and be resumed shortly after childbirth. The husband, however, may have relations with other women.

831 In spite of the secrecy regarding sex and the restrictions imposed upon women, at least women with husbands, there is no feeling of guilt connected with sex as is often the case in American society. Sex is regarded as a natural function. The feeling is probably more that it should be restricted for the good of society. Children should not know about it because, being foolish, they might try to imitate their elders; this seems to be a real fear. A man ought not to tolerate his wife's having relations with another. But he is free to enjoy the pleasures of sex as his means allows. If he can afford it he may go to the jurinuyaa or keep a mistress. His wife may become jealous, but she would be ashamed to become angry or scold him solely because of jealousy. The only valid argument that a wife may use against her husband's having relations with other women is that it costs money.

834 In public there is no demonstration of affection between husband and wife or between lovers. Behavior in public suggestive of sexual relations, such as kissing or embracing, is appropriate only at a brothel. I have seen very young couples walking hand in hand, but this is said to be a very recent development.

831 522 But there is considerable talk about sex, particularly joking, sometimes using metaphors, and sometimes in plainer language. This joking takes place most frequently at parties, but they may be in the home and in the presence of children, who are not expected to understand. These jokes do not involve married women. The relationships implied by the joking are between men and juri. An instance occurred at a gathering that consisted of relatives and one or two friends of the second son. After an hour or so of drinking the second son seized the 'shamisen' and sang a bit and then shouted, "I am --- Second Son. I am the best shamisen player. I am the best singer. I am the one who goes to the jurinuyaa the most." Everyone laughed, including the man's wife, who sat opposite with their children. Later I asked a member of the family if this boast had not made the wife feel uncomfortable. I was told that it probably did not, since there was no basis to the claim (though it turned out later that Second Son had been carrying on a secret affair with a married woman). But the informant admitted that a joke about the wife's having extramarital relations would not be funny, because it would be unlikely; the humor must lie in the possibility that the joke is the truth.

Another example occurred at the home of an older man whom my assistant and I tried to interview one evening. We were the only guests, but he

and women. Two informants who had lived in Japan denied having ever heard of public baths with mixed bathing. Okinawans have occasionally been shocked by seeing Americans nude. Okinawans feel that not only should the lower part of the torso be covered for the sake of modesty but the upper part also should be covered, if one is out of doors, for reasons of health; the sun's rays are harmful if too strong. Modesty may even reach proportions uncommon in the West; one young man told Lebra that he does not enjoy going swimming because he believes he is too hairy. The same young man told how he and other boys, when in high school, used to peep through a crack in the bathhouse wall in order to see the women bathing on the other side, until they were chased away by the proprietor. This hardly suggests the casual attitude toward nudity reported for the Japanese.

291 834 [515] [326]

Body Ornamentation The Okinawans seem never to have practiced any sort of body mutilation---such as the Chinese foot-binding. However, women were tattooed on the wrists and backs of the hands until early in this century. Most women over 50 have tattooed hands. There are several stories told that purport to explain the origin of the practice---that it was to prevent Okinawan women from being kidnapped, for example---but these stories are of doubtful value. The designs have names but evidently no meaning; one old woman said that they varied with the tattoo artist, who put on whatever he wanted. Tattooing was done before puberty and marriage. It may have originally been part of a puberty rite.

178 304

Many people of both sexes between the ages of 20 and 40 have elaborate gold and silver work on their teeth. In many cases the work does not consist of fillings or bridges but of thin caps put over sound teeth for purely ornamental reasons. These can be removed without harming the teeth. People are said to be having this sort of work done today, but in time the value Americans and present-day Japanese put on "natural-looking" teeth may win out over the urge to ornament the mouth. Of course there is also a great deal genuine dental work done because of tooth decay.

301 [779]

At present American values and modern Japanese values in feminine beauty are being spread by the beauty parlor. For several years the permanent wave has been popular though perhaps not well suited to Mongoloid hair. And recently a number of young women are said to have added padded brassieres to their equipment.

177 832 [305] [302] [294]

Elimination Urination and defecation are regarded differently. Urination in public is permissible for males, if they turn away. I have seen a dignified old gentleman talking over his shoulder to a young woman while he urinated into the ditch. Women may also urinate in public, though they do so less frequently. Defecation in public is not usual; even children are scolded for it though they may occasionally do it. Feces ought to go in the proper place; one reason for using the toilet may be that the "night-soil" is used as fertilizer.

514 [863] [241]

The Okinawan term kusu is used rather more freely than its Japanese cognate, though the uses are parallel. Alone it means "feces", human or animal. It is the usual word for animal manure. In compounds it may mean

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